

## Registration form

Seminar & Workshop on Drama Therapy by  
Dr. David Johnson

- HK\$500/Seminar – March 27, 2018
- HK\$1,500/Workshop – March 28, 2018
- HK\$1,500/Seminar + Workshop

**\*For those who have registered the Workshop  
will be entitled to attend the Seminar for FREE.\***

Please return the completed form with cheque payable to  
"The University of Hong Kong" by mail, or in person  
to the following address:

Centre on Behavioral Health  
The University of Hong Kong  
2/F, 5 Sassoon Road, Pokfulam, Hong Kong.

Title: \*  Professor  Dr.  Mr.  Mrs.  Ms.

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Correspondence Address:

\_\_\_\_\_  
\_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Organization: \_\_\_\_\_

Position: \_\_\_\_\_

I would like to learn the following from this course:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Date : \_\_\_\_\_ Signature: \_\_\_\_\_

\* Please tick as appropriate.

\* Fee paid is not refundable

## Seminar & Workshop

on

*Drama Therapy*

by

*Dr. David Johnson*



**For further information,  
please contact us:**

Tel: 2831 5163

Fax: 2816 6710

E-mail: [bhealth@hku.hk](mailto:bhealth@hku.hk)

Website: <http://cbh.hku.hk>



Centre on Behavioral Health  
The University of Hong Kong

## About the Trainer

David Read Johnson, Ph.D. is Co-director of the Post Traumatic Stress Centre in New Haven, Connecticut and Associate Clinical Professor in the Department of Psychiatry at Yale University School of Medicine. He was formerly the Unit Chief of the Specialised Inpatient PTSD Unit at the National Centre for PTSD, VA Medical Centre, in West Haven, Connecticut.

David has created Developmental Transformations (DvT), a drama therapy practice based in improvisational play that helps people adapt to the instabilities in life and the constantly changing nature of experience. David served six years as Editor-in-Chief of the Arts in Psychotherapy journal, and authored numerous articles, chapters, and the books on the treatment of PTSD, Drama Therapy as well as other clinical work.



## **Seminar on Developmental Transformations Drama Therapy**

### **Description**

Dr. Johnson will present the theories and techniques of drama therapy known as “Developmental Transformations” which is based on improvisational play, and its applications with populations suffering from psychological trauma, psychosis, depression, dementia, and other conditions. The workshop will include demonstrations of these techniques.

This will be an experiential workshop in which participants will practice forming and maintaining the dramatic playspace, develop strategies for engaging resistant clients, and noticing energetic and behavioral changes in the client as a means of guiding the therapist’s interventions.

### **Seminar – Learning Objectives**

1. Participants will be able to cite the basic theoretical principles of instability theory of Developmental Transformations.
2. Participants will be able to demonstrate five DvT drama therapy techniques and the goals of each intervention.
3. Participants will be able to list three strategies for engaging resistant clients in the playspace.

## **Workshop on Trauma Psychotherapy & The Creative Arts Therapy**

### **Description**

This workshop will review the basic principles of exposure-based trauma treatments and their application within a drama therapy setting. Participants will practice intervening at various levels of proximity to the traumatic material and providing a safe encounter for the client. Issues of countertransference and client needs for self-protection will be addressed and illustrated with clinical examples. Specific stages and techniques for applying a trauma-based drama therapy will be presented. Material will follow the author’s book, Principles and Techniques of Trauma-Centered Psychotherapy (APA, 2015).

### **Workshop – Learning Objectives**

1. Workshop participants will be able to cite four basic principles of exposure based trauma therapies and how they are applied in the clinical context.
2. Participants will be able to enact the stages of a trauma-centered drama therapy intervention and describe the goals of each stage.
3. Participants will be able to list three main countertransferential challenges for the therapist in working with traumatized clients.

## **Target Audience**

This workshop is designed for clinicians, expressive arts therapists, teachers, social workers, and other human services professionals who wish to incorporate playful engagement in their work and/or to challenge themselves professionally.

## **Details of Seminar & Workshop**

### **Seminar**

**Date:** March 27, 2018 (Tue)

**Time:** 9:30 am – 12:30 pm

### **Workshop**

**Date:** March 28, 2018 (Wed)

**Time:** 9:30 am – 5:30 pm

**Venue:** 2/F., 5 Sassoon Road, Pokfulam, HK. (For both Seminar & Workshop)

**Language:** English

**Fee: Seminar – HK\$500**

**Workshop – HK\$1,500**

**\*For those who have registered the Workshop will be entitled to attend the Seminar for FREE.\***