

## Registration form

1-day Workshop on Dance Movement Psychotherapy  
by Dr. Jill Bunce

Date: May 10, 2019 (Fri)

Time: 9:30 am – 5:30 pm

Venue: 2/F., 5 Sassoon Road, Pokfulam, Hong Kong.

Fee: 1-day Workshop – HK\$1,600

Please return the completed form with cheque payable to  
**"The University of Hong Kong"** by mail, or in person  
to the following address:

Centre on Behavioral Health

The University of Hong Kong

2/F., 5 Sassoon Road, Pokfulam, Hong Kong.

Title:\*  Professor  Dr.  Mr.  Mrs.  Ms.

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Correspondence Address:

\_\_\_\_\_

\_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Organization: \_\_\_\_\_

Position: \_\_\_\_\_

I would like to learn the following from this course:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Would you like to be on a mailing list to receive any  
information on training programs organized by Centre on  
Behavioral Health in the future? Yes \_\_\_\_\_ No \_\_\_\_\_

Date : \_\_\_\_\_ Signature: \_\_\_\_\_

\* Please tick as appropriate \* Fee paid is not refundable

## 1-day Workshop

on

## Dance Movement Psychotherapy

by

*Dr. Jill Bunce*



**For further information,  
please contact us:**

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**Centre on Behavioral Health  
The University of Hong Kong**

## About the Trainer

Dr. Jill Bunce, EDD, MA, BA Hons, PG Dip, Cert. Ed, ADMP, UKCP and HE Fellow and Visiting Research Fellow, Winchester University, in the UK and has led the Programme for the MA Dance Movement Psychotherapy Course at Derby University in the UK, since 2007. She completed a piece of research with Parkinson's Disease in 1991 and this was published in 2000 and in 2006.

She is now working on extending her research with PD disease and has created provision for patients in the University.

She has travelled widely and has led workshops in the US, Russia, Warsaw, Bucharest, Greece and extensively in Finland. She has given seminars, lectures and workshops in the UK for nurses, teachers and arts therapies practitioners. She gave a presentation to Winchester University in 2015 and established the Douglas Bunce annual lecture for their research group.

She now is working on extending her research on DMP with Parkinson's Disease.

## **Description**

Dance Movement Psychotherapy is a therapy that provides a way of understanding the Psyche through the Body. The emotional expression develops the feeling and thinking of therapist and client. This workshop will enable you to bring your movement material that will then be developed so that the somatic material can be shared and understood through the unconscious and creative process. The sessions will be understanding through learning.

## **Parkinson's Disease Explored**

The Disease will be understood from different perspectives and the movement experience will be analysed. We will discuss any issues experienced through the illness and our experience of the therapeutic process or if there is a desire to work with this population. We will conclude by looking at and discussing any issues or problems that may have arisen through the workshops.

## **Details**

We will explore through several lenses the issues of:-

1. Attachment
2. Movement Material and its Analysis

3. Working and Understanding the Content of sessions
4. Conclusion: Bringing threads together

## **Aims**

In this training we will explore the use of movement and how it relates to the understanding of how the interventions will develop our therapeutic work and the way the unconscious messages and expressions develop our own movement understanding and shared body experience. Participants will be led in experiential sessions that can be analysed for working with Parkinson's Disease. We will work to an understanding of the experience and working with this client group and movement analysis.

## **Objectives**

Particular practice and interventions will be analysed for applying to Dance Movement Psychotherapy and experiencing creativity and psychotherapy sessions.

As a result of the workshops participants will be able to:-

1. Understanding the rationale for working with clients and in particular Parkinson's Disease but also understanding community health and education settings
2. Identify the theoretical base for understanding the movement material

3. The Use of Movement analysis and the application to Parkinson's Disease

## **Reflections, Explorations & Applications**

The use of Dance Movement Psychotherapy sessions and understanding how we work with Parkinson's Disease and how it can inform our practice.

## **Details of Workshop**

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**Language: English**

**Fee: HK\$1,600**